



The Heart Of God

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The Heart Of God

Where is the heart of God?
It exists in the entire universe.
Yet we think we are alone.
Love exists everywhere yet we still have wars.
Isn't that a paradox?
It is like a fish drowning in water.
The ocean of love is all around us.
Yet we are drowning.
The world is struggling.
People are divided.
Conflict is all around.
Just turn on the news.
Better yet just turn off the news.
Close your eyes.
Concentrate on your heart.
Feel the love of God inside of you.
This is your true home.
You can always be in this place.
This is your sanctuary.
Whenever you want to feel the heart of God it exists inside of you.

The Mind Of God

Can we fathom the mind of God?
What infinite intelligence lies in the universe?
Can you imagine the intelligence that created the universe?
We live such mundane lives.
We are texting on the freeway of life.
Our lives are so shallow.
Who won the game last night?
I woke up with a hangover.
Do we ever contemplate the mind of God?
Just imagine the divine intelligence of our DNA.
What a miracle it is.
Imagine billions of cells dying and being born at the same time.
Billions of functions are occurring and we aren't aware of it.
The entire universe lies inside of you.
Yet we go on like nothing is going on.
Have we become stagnant?
Are we so focus on the mundane?
Can we see the forest from the trees?
The mind of God exists everywhere.
Learn how to tune into it.

Slow Down

Slow down.
You are moving too fast.
Why are you waving in out of lanes in the traffic of life?
The way you drive is your state of mind.
If you are agitated you will drive like a maniac.
You think you will get to your destination faster.
One who is totally relaxed while driving and doesn't have a care in the world will
get to his destination at the same time?
When the agitated person reaches work he will listen to someone and think what I
am going to say next.
He doesn't truly listen.
He just reacts.
A calm person will listen to what you have to say.
He doesn't get rattled if he has a different opinion than yours.
One who is in the center of the hurricane has slowed down in life.
One who lives in the winds of the hurricane constantly rushes around and misses
the beauty of life.
One may drive home with the most beautiful sunset ever and miss it entirely.
You are in such a rush that you can't see it.
Signposts of God are all around you.
Yet in our fast-paced life, we don't have eyes to see.
I have seen people are loyal to their jobs.
They sacrifice their family life to work overtime.
Yet the companies no longer are loyal to you.
You are just a number.
Profits are to be made.
Slow down and see the forest from the tress.
Without you, the company can't exist.
If everyone could slow down they would see the madness that we have created.
On your death bed are you going to care about your job?

Betrayal

What a sad week this has been.
Imagine the Kurds have been fighting ISIS for around five years.
Over 10,000 Kurds have died.
The US was the advisors with them.
We provided training and guidance.
Very few Americans were killed.
Yet in an instant, it changed.
The US decided to pull out without any consideration of the consequences of its
actions.
The defense department was never notified.
Many other agencies were left in the dark.
How can a President pull troops out without discussing the ramifications with all
the various departments of the government?
Can you imagine the Kurds waking up and having bombs dropping on you?
Families are being killed/
What a sense of betrayal.
Even our advisor's soldiers feel they have been betrayed.
The US and the Kurds were in complete alignment with each other.
It seems like all the progress we had will be dust in the wind.
How can the Kurds watch over ISIS when they have to defend their life?
Look I'm not a political person.
I just can't believe that in one instant we betray our allies in this war.
It seems like the US can't be trusted anymore.
I thought when you sign a treaty you have your word.
Yet it seems like lately, our word is bogus.
We can change our minds at any time we like.
I pray for the safety of the Kurds.
They have nowhere to go.

Reverence

A deep respect for someone or something.

High esteem

High regard

Great respect

Acclaim

Admiration

Approval

Appreciation

Favor

Recognition

Worship

Veneration

Awe

Homage

Adoration

Honor

Praise

Liking

Affection

Love

These are the qualities of reverence

Today we see so much of the opposite.

Scorn

Maybe we all need an attitude adjustment.

Try, Try, And Try Again

If there is one thing I've learned is to try, try, and try again.
We stumble and fall every day.
Yet we still get up.
Dust ourselves off and carry on.
This is the human spirit at work.
Nobody gets a free ride.
You may be jealous of someone yet I can guarantee you there have been bumps in
the road for them.
This is the journey in life.
We all have our own custom made challenges.
These challenges ultimately make us stronger.
Mind you we may not like them.
Yet we are here to grow.
Mankind has many boulders, rocks, and weeds that lie inside of us.
These challenges help us to remove these obstacles in life.
A single boulder can tie a person down for life.
Many people have had a traumatic experience and never recovered from it.
My advice get outside help and start to weed your inner garden.
Learn to be proactive.
We have been reacting all our lives.
Look where that has gotten us.
At times we are like leaves blowing in the wind.
We react constantly to external events.
We don't even think about it.
We just react.
We bypass our minds and just react.
We have people who are leaders of the world who tweet whatever comes to their
minds.
Personally, I think mankind is due for spring cleaning.

The Path Is what You think It Is

The path is what you think it is.
I think that is ironic.
Your thinking dictates your path in life.
If you are lonely your path will be lonely.
If you are angry your path will be angry.
If you are sad your path will be sad.
If you are happy your path will be a happy path.
It seems like our emotional state and mental state creates our paths in life.
Did you know that all your ancestors walk with you on this precious path?
You are never alone.
Ask a quantum scientist.
You exist everywhere.
Your loved ones are all around you.
They just moved into another room in the mansion of life.
Remember it's one mansion.
It has many rooms.
What am I saying?
Learn to think outside of your box.
You are limiting yourself.
Tap into silence.
From there you will experience the quantum field.
Your essence is pure light.
You are hardwired for this experience.
This light exists inside of you and the entire universe.
This is your true essence.
Hopefully, you will contemplate these words.
They have a deep meaning.
They are meant for you to connect directly to the source of all.
You will then have a deeper meaning on this path of life.

Tranquility

Tranquility is the quality of state of being tranquil or calm.
Yet most people's minds are agitated.
Wise men have said that conquering your mind is the most difficult thing to
accomplish in the universe.
Just like a clam who produces a pearl through the single grain of sand a wise man
produces a pearl within by being aware.
You see you are an alchemist yet nobody told you.
You can transform your agitated mind.
Yes, it takes practice.
Nobody said it was easy.
Imagine the ocean during a huge storm.
Huge waves are breaking on the shore.
Yet miles down in the depth of the ocean all is calm.
Meditation is the means to sink into the ocean of life where stillness exists.
Imagine bringing that stillness into your daily life.
You can.
All it takes is your will and effort.

Connection

Imagine the following scenario.

You have a TV set.

It is not plugged in.

All the channels are there.

Yet you can't see them.

Now plug your TV into the power socket.

Turn it on.

You can now see any channel you like.

In the same vein if you want to discover your true nature you must plug yourself into the source of all.

Behind your breath is where you plug yourself into.

Wise men recommend that one connect to this twenty four hour a day.

This takes your will and effort.

The source has always been there yet you have been unaware.

Remember you are the universe.

You just don't know it.

You are hardwired for this experience.

Everything is there except you're not plugged in.

Patience

Patience is the capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.

Patience is really needed in this world today.

To be quite frank many people don't tolerate each other.

Look at the current events all around the world today.

People don't listen to each other.

Because of this there is fighting all around the world.

I believe that most problems in this world are due to lack of patience.

This includes all kinds of communications.

We were never taught patience.

Mind you we had lip service.

People would say patience is a virtue yet they didn't have patience.

Personally when a person dives into the ocean of silence one begins to experience patience.

Yet to truly manifest patience in one's life, one has to practice it daily.

Patience is probably one of the most difficult things to master.

One has to be in harmony with the mind, body and soul connection.

One can experience patience in the soul and some external event gets fired off and the mind automatically reacts and response.

The mind then reacts and explodes.

When the mind reacts discrimination is thrown off balance.

You will then say things that you probably shouldn't say.

The wise man constantly learns from his mistakes.

He learns by taking two steps forward and one step backward.

The fool never learns from his mistakes.

He will tweet whatever comes to his mind.

